

CHAPTER 269: RECREATION THERAPY SERVICE

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1 PURPOSE AND SCOPE:

This document outlines Space Planning Criteria for Chapter 269: Recreation Therapy Service. It applies to all medical facilities of the Department of Veterans Affairs (VA).

Recreation Therapy Service Mission Statement:

“Utilizes a wide range of therapeutic activities to restore the bio-psycho-social functional capabilities of Veterans with injuries, chronic illnesses, and other disabling conditions.”

The Recreation / Creative Arts Therapy program is designed to promote rehabilitation and wellness, and to provide disabled Veterans a continuum of care that adds a special value to their lives.

The following PG 18-9 Space Planning Criteria Chapters will need to consider space for recreation therapy functions that occur in the areas outside of the main Recreation Therapy Service: Mental Health (including Adult Day Health Care, Substance Abuse, MH RRTP), Community Living Centers, Acute (M/S, Intensive, Extended Care, and Hospice) Inpatient Units, Physical Medicine and Rehabilitation Service, Spinal Cord Injury and Disorders and Blind Rehabilitation, Polytrauma System of Care, Fitness and Wellness Clinic, Ambulatory Care – Hospital Based, and Outpatient Clinics. In addition, a Recreation Therapy Service functional area should be considered for all clinical areas.

2 DEFINITIONS

Accessible: A site, building, facility, or portion thereof that complies with provisions outlined in the Architectural Barriers Act of 1968 (ABA).

Architectural Barriers Act (ABA): A set of standards developed to insure that all buildings financed with federal funds are designed and constructed to be fully accessible to everyone. This law requires all construction, renovation, or leasing of sites, facilities, buildings, and other elements, financed with federal funds, to comply with the Architectural Barriers Act Accessibility Standards (ABAAS). The ABAAS replaces the Uniform Federal Accessibility Standards (UFAS).

Aquatic Therapy: Aquatic Therapy is the use of water for resistance instead of utilizing manual weights. The goal is to rehabilitate patients after injury or those with chronic illness, by avoiding the potentially detrimental impact that manual weights place on joints. Aquatic Therapy utilizes a series of exercises and activities designed to take advantage of the unique healing benefits of water. The buoyancy provided by water lessens the pressure on muscles and joints, assists with movement and reduces swelling caused by gravity. Without the pull of gravity working against them, patients can exercise more comfortably, increasing their levels of strength, tolerance, flexibility and endurance with less pain and muscle stress.

Clinic Stop: A clinic stop is one encounter of a patient with a healthcare provider. Per these criteria, the clinic stop is the workload unit of measure for space planning. One individual patient can have multiple Clinic Stops in a single visit or in one day.

Creative Arts Therapy: Creative Arts Therapy is the clinical process of expressing, communicating, and exchanging conscious and unconscious thoughts and feelings through the arts as interventions to accomplish individualized goals within a therapeutic relationship by a credentialed professional who has completed an approved creative arts therapy program. Creative Arts Therapy program includes the visual arts dance, music, poetry and drama therapy.

Art Therapy: Art therapy is the therapeutic use of art making, within a professional relationship, by people who experience illness, trauma, or challenges in living, and by

people who seek personal development.

Dance Therapy: Dance Therapy is the psychotherapeutic use of movement and dance for emotional, cognitive, social, behavioral and physical conditions.

Drama Therapy: Drama Therapy is the intentional use of theatre techniques to facilitate personal growth and promote health, thus treating individuals with a range of mental health, cognitive and developmental disorders.

Music Therapy: Music Therapy is the clinical and evidence-based use of music interventions to accomplish individualized goals within a therapeutic relationship by a credentialed professional who has completed an approved music therapy program. The therapist uses music and all of its facets-physical, emotional, mental, social, aesthetic, and spiritual-to help clients to improve or maintain their health.

Full-Time Equivalent (FTE): A staffing parameter equal to the amount of time assigned to one full time employee. It may be composed of several part-time employees whose total time commitment equals that of a full-time employee. One FTE equals a 40 hours per week.

Functional Area: The grouping of rooms and spaces based on their function within a clinical service. Typical Functional Areas are Reception Areas, Patient Areas, Support Areas, Staff and Administrative Areas, and Residency Program.

Input Data Statements: A set of questions designed to elicit information about the healthcare project in order to create a Program for Design (PFD) based on the criteria parameters set forth in this document. Input Data Statements could be Mission related, based in the project's Concept of Operations; and Workload or Staffing related, based on projections and data provided by the VHA or the VISN about the estimated model of operation for the facility. This information is processed through mathematical and logical operations in VA-SEPS.

Net Square Feet (NSF): The area of a room or space derived by multiplying measurements of the room or space taken from the inside surface of one wall to the inside surface of the opposite wall.

Program for Design (PFD): A project specific document consisting of an itemized listing of the spaces, rooms, and areas required for the proper operation of a specific service and the corresponding net square foot area of each space, room, and area. The PFD is based on criteria set forth in this document and specific information from the Concept of Operations addressing the project's mission, workload projections and staffing levels authorized.

Recreation Aid / Rehabilitation Therapy Assistant: Recreation Therapy Assistants carry out a variety of assignments that require a practical knowledge of the recreation therapy activities or programs to which they are assigned. This practical knowledge, combined with skill in the maintenance and use of recreation materials and equipment, is used in providing support and assistance to recreation therapists by performing limited aspects of recreation therapy work, and by working with patients / residents in well-organized and carefully monitored recreation therapy activities. Documents evaluation results and reports data to the recreation therapist and members of the treatment team. Reviews and discontinues the treatment plan as directed by the recreation therapist. Position Descriptions for each Recreation Aid / Assistants will further outline duties as assigned.

Recreation Therapy: Recreation Therapy, also known as therapeutic recreation, is a systematic process that utilizes recreation treatment and other therapeutic interventions based upon the assessed; needs of individuals with illnesses and/or disabling conditions.

The purpose of the recreation therapy process is to improve or maintain physical, cognitive, social, emotional and spiritual functioning in order to facilitate full participation in life.

SEPS (VA-SEPS): Acronym for Space and Equipment Planning System, a digital tool developed by the Department of Defense (DoD) and the Department of Veterans Affairs to generate a Program for Design (PFD) and an Equipment List for a VA healthcare project based on specific information entered in response to Input Data Questions. VA-SEPS incorporates the propositions set forth in all VA Space Planning Criteria Chapters. VA-SEPS has been designed to aid healthcare planners in creating a space plan based on a standardized set of criteria parameters.

Workload: Workload is the anticipated number of event captures that are processed through a Recreation Therapy Service. The total workload applied to departmental operational assumptions will determine the overall room requirements for a service.

3 OPERATING RATIONALE AND BASIS OF CRITERIA

- A. Workload Projections or planned services / modalities for a specific VA medical center, hospital or satellite outpatient clinic project are provided by the VA Central Office (VACO) and the Office of Policy and Planning (OPP) based upon the expected veteran population and services required in the respective market / service area. Healthcare and clinical planners working on VA medical center, hospital or satellite outpatient clinic projects shall utilize and apply the workload based criteria set forth herein for identified services and modalities to determine space requirements for the project.
- B. Space planning criteria have been developed based on an understanding of the activities involved in the functional areas required for Recreation Therapy Services and the relationships with other services of a medical facility. Criteria is predicated on the established and / or anticipated best practice standards, as adapted to provide environments which will support the highest quality health care for Veterans.
- C. Space Planning Criteria is subject to modification, relative to development in the equipment, medical practice, vendor requirements, and subsequent planning and design. The selection of the size and type of Recreation Therapy Services equipment is determined by VACO and upon Veterans Health Administration (VHA) anticipated medical needs. Refer to this chapter's correspondent PG18-12: Equipment Guide List and PG 18-5: Design Guide.
- D. Room capacity calculation is based on the following parameters:
 1. The general planning model for Recreation Therapy Service, based on staffing, holidays, program needs, etc., assumes 250 operating days per year and 7.5 hours of operation per day.
 2. The Basic Room Efficiency Factor for Recreation Therapy Service is 75%. The assumption that patients are seen in increments of 15 to 60 minutes and in groups of 1 to 30 patients.

Formula 1: Calculated Annual Workload (per patient, per room)

$$\frac{250 \text{ Operating days per year} \times 7.5 \text{ hours of operation per day}}{\text{Minutes per Activity or Event} / 60 \text{ minutes}} = \text{Workload (Number of annual Rec. Therapy Activities / Events)}$$

Formula 2: Adjusted Annual Workload (per patient, per room; used in Room Criteria Statements in Section 5)

Calculated Annual Workload x 0.75 x Number of patients = Adjusted Annual Workload

Example:

Assume a Treatment Station that averages 30 minutes per Recreation Therapy Stop Code 202 for a four patient Group Therapy Session:

Formula 1:

$$\frac{250 \times 7.5}{30/60} = 3,750 \text{ Annual Clinic Stops}$$

Formula 2:

$$3,750 \times 0.75 \times 4 = 11,250 \text{ Adjusted Annual Clinic Stops}$$

TABLE 1: WORKLOAD PARAMETER CALCULATION

STOP CODE 202	AVERAGE LENGTH (in minutes)	UTILIZATION RATE	NUMBER OF PATIENTS (AVERAGE)	WORKLOAD REQUIRED	MINIMUM WORKLOAD TO GENERATE A SPACE
Medium Group Therapy Room	30	75%	20	56,250	16,875

4 INPUT DATA STATEMENTS

A. Mission Input Data Statements

1. Is a Family Waiting authorized? (M)
2. Is a Recreation / Creative Arts Therapy Consult Room authorized? (M)
3. Is a Dance Program authorized? (M)
4. Is a Music Program authorized? (M)
5. Is an Activities of Daily Living (ADL) Kitchen authorized? (M)
6. Is a Large Recreation Therapy Group Room authorized? (M)
7. Is a Creative Arts Group Therapy Room authorized? (M)
 - a. Is a Large Creative Arts Group Therapy Room (800 NSF) or a Medium Creative Arts Group Therapy Room (400 NSF) authorized? (M) (If not, a Small Creative Arts Group Therapy Room (200 NSF) will be provided)
 - i. Is a Medium Creative Arts Group Therapy Room (400 NSF) authorized? (M) (If not, a Large Creative Arts Group Therapy Room (800 NSF) will be provided)
8. Is an Adaptive Technology (AT) Room authorized? (M)
 - a. Is a Large Adaptive Technology (AT) Room (1,000 NSF) or a Medium Adaptive Technology (AT) Room (600 NSF) authorized? (M) (If not, a Small Adaptive Technology (AT) Room (400 NSF) will be provided)
 - i. Is a Medium Adaptive Technology (AT) Room (600 NSF) authorized? (M) (If not, a Large Adaptive Technology (AT) Room (1,000 NSF) will be provided)
9. Is Gymnasium authorized? (M)
 - a. Is a Large Gymnasium (8,000 NSF) or Medium Gymnasium (4,000 NSF) authorized? (M) (If not, a Small Gymnasium (2,000 NSF) will be provided)
 - i. Is a Medium Gymnasium (4,000 NSF) authorized? (M) (If not, a Large Gymnasium (8,000 NSF) will be provided)
10. Is an Enclosed Gymnasium Area (800 NSF) authorized? (M)

11. Is an Exercise / Weight Room authorized? (M)
 - a. Is a Large Exercise / Weight Room (1,000 NSF) or Medium Exercise / Weight Room (700 NSF) authorized? (M) (If not, a Small Exercise / Weight Room (400 NSF) will be provided)
 - i. Is a Medium Exercise / Weight Room (700 NSF) authorized? (M) (If not, a Large Exercise / Weight Room (1,000 NSF) will be provided)
 12. Is a Wellness Room authorized? (M)
 13. Is a Gross Motor Activity Room authorized? (M)
 14. Is a Therapeutic Pool authorized? (M)
 - a. Is a Large Therapeutic Pool (3,000 NSF) or a Medium Therapeutic Pool (2,000 NSF) authorized? (M) (If not, a Small Therapeutic Pool (500 NSF) will be provided)
 - i. Is a Medium Therapeutic Pool (2,000 NSF) authorized? (M) (If not, a Large Therapeutic Pool (3,000 NSF) will be provided)
 15. Is a Recreation Pool authorized? (M)
 - a. Is a Large Recreation Pool (13,200 NSF) or a Medium Recreation Pool (2,000 NSF) authorized? (M) (If not, a Small Recreation Pool (500 NSF) will be provided)
 - i. Is a Medium Recreation Pool (2,000 NSF) authorized? (M) (If not, a Large Recreation Pool (13,200 NSF) will be provided)
 16. Is a Recreation Therapy Education Program authorized? (M)
 17. How many Recreation Therapy Service Intern / Student FTE positions are authorized? (S)
- B. Workload Input Data Statements
1. How many annual Recreation Therapy Services clinic stops (Stop Code 202) are projected? (W)
- C. Staffing Input Data Statements
1. How many Recreation Therapy Assistant / Aide FTE positions are authorized? (S)
 2. How many Creative Arts Therapist FTE positions are authorized? (S)
 3. How many Adaptive Therapy Provider FTE positions are authorized? (S)
 4. How many Aquatic Therapist FTE positions are authorized? (S)
 5. How many Aquatic Clerk FTE positions are authorized? (S)
 6. How many Life Guard FTE positions per shift are authorized? (S)
 7. How many Recreation Therapy Assistant Service Chief FTE positions are authorized? (S)
 8. How many Recreation Therapy Service Administrative Officer FTE positions are authorized? (S)
 9. How many Recreation Therapy Office Secretary / Program Assistant FTE positions are authorized? (S)
 10. How many Recreation Therapy Service Fee Based Technician FTE positions are authorized? (S)
 11. How many Recreation Therapy Service Administrative Clerk FTE positions are authorized? (S)
- D. Miscellaneous Input Data Statements
1. How many additional Small Recreation Therapy Group Rooms greater than one are authorized? (Misc) (Total maximum: 4)
 2. How many Bariatric Patient Toilets (greater than one) are authorized? (Misc)
 3. Is a Sub-Waiting in the Self-Directed Therapy Area authorized? (Misc)
 4. Is a Sub-Waiting in the Aquatic Therapy Area authorized? (Misc)
 5. Is an additional Patient Assessment room authorized? (Misc)

6. Is a Universal Toilet / Shower for the Self-Directed Therapy Area authorized? (Misc)
7. Is a Universal Locker Room for the Self-Directed Therapy Area authorized? (Misc)
8. Is a Laundry Room for the Aquatic Therapy Area authorized? (Misc)
9. How many FTEs are not authorized to have private office space? (Misc)
10. How many FTEs will work on peak shift? (Misc)

5 SPACE CRITERIA

A. **FA 1: Reception Area:**

1. **Waiting, General Patient (WTG06)..... 130 NSF (12.1 NSM)**
Provide one if the projected number of Recreation Therapy Rooms is four; provide WTG09 if the projected number of Recreation Therapy Rooms is five or six; provide WTG12 if the projected number of Recreation Therapy Rooms is seven or eight; provide WTG15 if the projected number of Recreation Therapy Rooms is nine or ten; provide WTG18 if the projected number of Recreation Therapy Rooms is eleven or twelve; provide WTG21 if the projected number of Recreation Therapy Rooms is thirteen or fourteen; provide WTG24 if the projected number of Recreation Therapy Rooms is fifteen or sixteen; provide WTG27 if the projected number of Recreation Therapy Rooms is seventeen or eighteen; provide WTG30 if the projected number of Recreation Therapy Rooms is nineteen or twenty; provide WTG33 if the projected number of Recreation Therapy Rooms is twenty one or twenty two; provide WTG36 if the projected number of Recreation Therapy Rooms is twenty three or twenty four; provide WTG39 if the projected number of Recreation Therapy Rooms is twenty five or twenty six.

Recreation Therapy Rooms are:

Recreation Therapy Group Rooms,
Creative Arts Group Therapy Rooms, and
Adaptive Technology Rooms.

WTG06: Allocated space accommodates four standard chairs @ 9 NSF each, one bariatric chair @ 14 NSF, one accessible space @ 10 NSF, and circulation; total six people.

WTG09: Allocated space accommodates seven standard chairs @ 9 NSF each, one bariatric chair @ 14 NSF, one accessible space @ 10 NSF, and circulation; total nine people.

WTG12: Allocated space accommodates ten standard chairs @ 9 NSF each, one bariatric chair @ 14 NSF, one accessible space @ 10 NSF, and circulation; total twelve people.

WTG15: Allocated space accommodates eleven standard chairs @ 9 NSF each, two bariatric chairs @ 14 NSF each, two accessible spaces @ 10 NSF each, and circulation; total fifteen people.

WTG18: Allocated space accommodates fourteen standard chairs @ 9 NSF each, two bariatric chairs @ 14 NSF each, two accessible spaces @ 10 NSF each, and circulation; total eighteen people.

WTG21: Allocated space accommodates seventeen standard chairs @ 9 NSF each, two bariatric chairs @ 14 NSF each, two accessible spaces @ 10 NSF each, and circulation; total twenty-one people.

WTG24: Allocated space accommodates twenty standard chairs @ 9 NSF each, two bariatric chairs @ 14 NSF each, two accessible spaces @ 10 NSF each, and circulation; total twenty-four people.

WTG27: Allocated space accommodates twenty-one standard chairs @ 9 NSF each, three bariatric chairs @ 14 NSF each, three accessible spaces @ 10 NSF each, and circulation; total twenty-seven people.

WTG30: Allocated space accommodates twenty-four standard chairs @ 9 NSF each, three bariatric chairs @ 14 NSF each, three accessible spaces @ 10 NSF each, and circulation; total thirty people.

WTG31: Allocated space accommodates twenty-five standard chairs @ 9 NSF each, three bariatric chairs @ 14 NSF each, three accessible spaces @ 10 NSF each, and circulation; total thirty-one people.

WTG32: Allocated space accommodates twenty-six standard chairs @ 9 NSF each, three bariatric chairs @ 14 NSF each, three accessible spaces @ 10 NSF each, and circulation; total thirty-two people.

WTG33: Allocated space accommodates twenty-seven standard chairs @ 9 NSF each, three bariatric chairs @ 14 NSF each, three accessible spaces @ 10 NSF each, and circulation; total thirty-three people.

WTG36: Allocated space accommodates twenty-eight standard chairs @ 9 NSF each, four bariatric chairs @ 14 NSF each, four accessible spaces @ 10 NSF each, and circulation; total thirty-six people.

WTG39: Allocated space accommodates thirty-one standard chairs @ 9 NSF each, four bariatric chairs @ 14 NSF each, four accessible spaces @ 10 NSF each, and circulation; total thirty-nine people.

2. **Waiting, Family (WTF01).....125 NSF (11.7 NSM)**
Provide one if a Family Waiting is authorized.

Allocated NSF accommodates one lounge chair @ 12 NSF, one 2-seat sofa at 32 NSF, one accessible space @ 10 NSF, and circulation; total four people. This space is provided for caregivers and family members, including children; it should be located adjacent to the General Patient Waiting.

3. **Kiosk, Patient Check-In (RCHK2).....105 NSF (9.8 NSM)**
Provide one for Recreation Therapy Service.

Allocated NSF accommodates two Display Kiosks, patient privacy area, and circulation.

4. **Reception (RCP02)260 NSF (24.2 NSM)**
Provide one for Recreation Therapy Service.

Allocated NSF accommodates two Receptionist FTEs, patient privacy area, and circulation. Allocated NSF includes area for copier / printer alcove.

5. **Toilet, General Waiting (TNPG1)60 NSF (5.6 NSM)**
Provide one if General Patient Waiting Room NSF is between 45 NSF and 595 NSF; provide two if General Patient Waiting Room NSF is greater than 595 NSF.

Allocated NSF accommodates one accessible toilet @ 25 NSF, one wall-hung lavatory @ 12 NSF, ABA clearances, and circulation.

6. **Toilet, Family (TNPFM)** **80 NSF (7.5 NSM)**
Provide one if a Family Waiting Room is authorized.

Allocated NSF accommodates one accessible toilet @ 25 NSF, one wall-hung lavatory @ 12 NSF, ABA clearances, and circulation.
7. **Patient Education / Resource Room (CLSC3)**..... **120 NSF (11.2 NSM)**
Provide one for Recreation Therapy Service.

This space is intended to be used for patient education and VHA resource material. It shall be located accessible to General Patient Waiting and Family Waiting.
8. **Alcove, Refreshment Center (NCWD4)**..... **60 NSF (5.6 NSM)**
Provide one for Recreation Therapy Service.
9. **Alcove, Wheelchair / Stretcher / Lift (SRLW1)** **60 NSF (5.6 NSM)**
Provide one for Recreation Therapy Service.
10. **Storage, Reception (SRS01)** **60 NSF (5.6 NSM)**
Provide one for Recreation Therapy Service.

B. FA 2: Recreation / Creative Arts Therapy Area:

1. **Consult Room (OFDC2)** **120 NSF (11.2 NSM)**
Provide one if a Recreation / Creative Arts Therapy Consult Room is authorized.

This space accommodates private interviews with patients and family; furnished to accommodate 1:1 Interviews and consultations for scheduled patients; locate near General Patient Waiting.
2. **Patient Assessment Room (EXRA1)**..... **140 NSF (13.1 NSM)**
Minimum one; provide an additional one if authorized; maximum two.

This room is for 1:1 provider-to-patient assessment; NSF accounts for ability to also accommodate bariatric patients.
3. **Group Room, Recreation Therapy, Small (RTGR1)**..... **240 NSF (22.3 NSM)**
Minimum one; provide additional ones if authorized (total maximum four).

This room shall accommodate patients for a one-to-one to a maximum of a one-to-four provider-to-patient ratio assessment. Allocated NSF will accommodate small interactive games such as video games, Wii®, small Dance Groups, Music and Art activities.
4. **Group Room, Recreation Therapy, Medium (RTGR2)**..... **400 NSF (37.2 NSM)**
Provide one for every increment of 56,250 (minimum portion 16,875) projected clinic stops (Stop Code 202) if a Large Recreation Therapy Group Room is NOT authorized.

This room shall accommodate patients for one-to-five to one-to-twenty provider-to-patient ratio assessment. Allocated NSF will accommodate medium sized groups for interactive games such as, video games, Wii®, etc; Bocce ball, golf and portable sports activities as well as Medium sized Group Dance, Music and Art activities.

5. **Group Room,
Recreation Therapy, Large (RTGR3)800 NSF (74.4 NSM)**
Provide one for every increment of 84,375 (minimum portion 25,312) projected clinic stops (Stop Code 202) if a Large Recreation Therapy Group Room is authorized.

This room shall accommodate patients for one-to-twenty to one-to-thirty provider-to-patient ratio assessment. Allocated NSF will accommodate large groups for interactive games such as ping pong, billiards, video games, Wii®, etc.; Bocce ball, golf and portable sports activities as well as Large sized Group Dance, Music and Art activities.
6. **Clinical Monitoring Room (CMR01)120 NSF (11.2 NSM)**
Minimum one; provide an additional one for every increment of two Small, Medium or Large Recreation Therapy Group Room greater than two.

This room should be located adjacent to the Recreation Therapy Group Room(s). If two Recreation Therapy Rooms, any size, are located adjacent, place one Clinical Monitoring Room only; provide access from both Group Therapy Rooms. It is used for observation of individual or group Recreation therapy activities and provides space for documentation. Design should accommodate for Visual and media monitoring of patients.
7. **Storage, Recreation Therapy (SRE01).....60 NSF (5.6 NSM)**
Minimum one, provide an additional one for every increment of two Small, Medium or Large Recreation Therapy Group Rooms greater than two.

This room should be located adjacent to the Recreation Therapy Group Room(s). If two Recreation Therapy Rooms, any size, are located adjacent to each other, provide one Storage Room only; provide access from both Group Therapy Rooms.
8. **Storage, Dance Program (SRE01).....30 NSF (2.8 NSM)**
Provide one if a Dance Program is authorized.

Allocated space accommodates equipment and supplies used for Dance Room / Studio activities.
9. **Storage, Music Program (SRE01)60 NSF (5.6 NSM)**
Provide one if a Music Program is authorized.

Allocated space accommodates equipment and supplies used for Music Room / Studio activities.
10. **Workstation,
Recreation Therapy Assistant / Aide (OFA07).....56 NSF (5.3 NSM)**
Provide one per each Recreation Therapist Assistant / Aide FTE position authorized.
11. **Kitchen, Activities of Daily Living (ADL) (IPK01)240 NSF (22.3 NSM)**
Provide one if an Activities of Daily Living (ADL) Kitchen is authorized.
12. **Storage, ADL Kitchen (SRS01).....60 NSF (5.6 NSM)**
Provide one if an Activities of Daily Living (ADL) Kitchen is authorized.
13. **Creative Arts,
Group Therapy Room, Small (RTCA1)200 NSF (18.6 NSM)**
Provide one if a Small Creative Arts Group Therapy Room is authorized.

This room shall accommodate organized creative and Recreation arts / activities including but not limited to crafts, games, puzzles and social activities. It can include planned leisure experiences for a group of patients of 4 or less per one Recreation Therapist or increase knowledge, involvement and or appreciation of activities enhancing a patient's quality of life.

14. **Creative Arts,
Group Therapy Room, Medium (RTCA2)..... 400 NSF (37.2 NSM)**
Provide one if a Medium Creative Arts Group Therapy Room is authorized.

This room shall accommodate organized creative and Recreation arts / activities including but not limited to activities that help improve cognitive skills, improve attention and memory and problem solving. It can include planned leisure experiences or increase knowledge, involvement and or appreciation of activities enhancing a patient's quality of life for a group of 5 to 20 patients.

15. **Creative Arts,
Group Therapy Room, Large (RTCA3)..... 800 NSF (74.4 NSM)**
Provide one if a Large Creative Arts Group Therapy Room is authorized.

This room shall accommodate organized planned leisure experiences for a group of patients greater than 20 to a maximum of 30 per Recreation Therapist.

16. **Storage,
Creative Arts Group Therapy Room (SRS01)..... 60 NSF (5.6 NSM)**
Provide one per each Creative Arts Group Therapy Room.

17. **Workstation, Creative Arts Therapist (OFA07) 56 NSF (5.3 NSM)**
Provide one per each Creative Arts Therapist FTE position authorized.

18. **Adaptive Technology (AT) Room, Small (RTAT1) 400 NSF (37.2 NSM)**
Provide one if a Small Adaptive Technology (AT) Room is authorized.

This room accommodates displays and educational / treatment modules for various assistive devices and technology.

19. **Storage,
Small Adaptive Technology Room (SRS01)..... 60 NSF (5.6 NSM)**
Provide one if a Small Adaptive Technology (AT) Room is authorized.

20. **Adaptive Technology (AT) Room, Medium (RTAT2) 600 NSF (55.8 NSM)**
Provide one if a Medium Adaptive Technology (AT) Room is authorized.

This room accommodates displays and educational / treatment modules for various assistive devices and technology.

21. **Storage,
Medium Adaptive Technology Room (SRS01)..... 90 NSF (8.4 NSM)**
Provide one if a Medium Adaptive Technology (AT) Room is authorized.

22. **Adaptive Technology (AT) Room, Large (RTAT3) 1,000 NSF (92.9 NSM)**
Provide one if a Large Adaptive Technology (AT) Room is authorized.

This room accommodates displays and educational / treatment modules for various assistive devices and technology.

23. **Storage,
Large Adaptive Technology Room (SRS01)..... 120 NSF (11.2 NSM)**
Provide one if a Large Adaptive Technology (AT) Room is authorized.

24. **Workstation, Adaptive Therapy Provider (OFA07).....56 NSF (5.3 NSM)**
Provide one per each Adaptive Therapy Provider FTE authorized.
25. **Toilet, Patient (TPG01).....60 NSF (5.6 NSM)**
Minimum two; provide an additional two per each increment of five Patient Assessment Rooms, Small Recreation Therapy Group Room, ADL Kitchen, Small Creative Arts Group Therapy Room and Small Adaptive Technology Room greater than five; provide an additional two per each increment of two Medium and Large Therapy Group Rooms, Medium and Large Creative Arts Therapy Group Rooms, Medium and Large Adaptive Technology Rooms greater than two.

Allocated NSF accommodates one accessible toilet @ 25 NSF, one accessible wall-hung lavatory @ 13 NSF, ABA clearances, and circulation. Locate them near the Group Therapy Rooms.
26. **Toilet, Bariatric Patient (TPB01).....75 NSF (7.0 NSM)**
Minimum one, provide additional ones if authorized.

Allocated NSF accommodates one bariatric toilet @ 25 NSF, one bariatric lavatory @ 21 NSF, ABA clearances, and circulation. Locate near the Recreation Therapy Group Room(s).
27. **Toilet, Staff (TNPG1)60 NSF (5.6 NSM)**
Provide two for the Recreation / Creative Arts Therapy Area.

Allocated NSF accommodates one accessible toilet @ 25 NSF, one wall-hung lavatory @ 12 NSF, ABA clearances, and circulation. One for male and one for female.
28. **Small Utility Room, Clean (UCCL1)80 NSF (7.5 NSM)**
Provide one if a Patient Assessment Room or an ADL Kitchen are generated.

The Small Clean Utility Room provides storage for supplies, and equipment for the Patient Assessment Room and the ADL Kitchen.
29. **Medium Utility Room, Clean (UCCL1)100 NSF (9.3 NSM)**
Minimum NSF; provide an additional 20 NSF per each increment of five Small Recreation Therapy Group Room, Small Creative Arts Group Therapy Room, and Small Adaptive Technology Room greater than five.

The Medium Clean Utility Room provides storage for art supplies, equipment, portable Recreation games used in the delivery of patient care. It should be accessible from a corridor and located near the Small Creative Arts Recreation Therapy Group Rooms.
30. **Large Utility Room, Clean (UCCL1)120 NSF (11.2 NSM)**
Minimum NSF; provide an additional 40 NSF per each increment of two Medium Recreation Therapy Group Rooms, Large Recreation Therapy Group Rooms, Medium Creative Arts Therapy Group Rooms, Large Creative Arts Therapy Group Rooms, Medium Adaptive Technology Rooms and Large Adaptive Technology Rooms greater than two.

The Large Clean Utility Room provides storage for art supplies, equipment, portable Recreation games used in the delivery of patient care. It should be accessible from a corridor and located near the Medium and Large Creative Arts Recreation Therapy Group Rooms.

31. **Small Utility Room, Soiled (USCL1)**..... **80 NSF (7.5 NSM)**
Provide one if a Patient Assessment Room or an ADL Kitchen are generated.

The Small Soiled Utility Room provides an area for cleanup of equipment and instruments, and for disposal of waste material. It should be accessible from the main corridor and located near the Creative Arts Recreation Therapy Group Rooms.

32. **Medium Utility Room, Soiled (USCL1)**..... **100 NSF (9.3 NSM)**
Minimum NSF; provide an additional 20 NSF per each increment of five Small Recreation Therapy Group Room, Small Creative Arts Group Therapy Room, and Small Adaptive Technology Room greater than five.

The Medium Soiled Utility Room provides an area for cleanup of equipment and instruments, and for disposal of waste material. It should be accessible from the main corridor and located near the Creative Arts Recreation Therapy Group Rooms.

33. **Large Utility Room, Soiled (USCL1)**..... **120 NSF (11.2 NSM)**
Minimum NSF; provide an additional 40 NSF per each increment of two Medium Recreation Therapy Group Rooms, Large Recreation Therapy Group Rooms, Medium Creative Arts Therapy Group Rooms, Large Creative Arts Therapy Group Rooms, Medium Adaptive Technology Rooms and Large Adaptive Technology Rooms greater than two.

The Large Soiled Utility Room provides an area for cleanup of equipment and instruments, and for disposal of waste material. It should be accessible from the main corridor and located near the Creative Arts Recreation Therapy Group Rooms.

34. **Housekeeping Aides Closet (HAC) (JANC1)**..... **60 NSF (5.6 NSM)**
Minimum one; provide an additional one if Large Recreation Therapy Room is authorized.

C. **FA 3: Self-Directed Therapy Area:**

This Functional Area will generate only if a Small, Medium or Large Gymnasium or Exercise / Weight Room is authorized.

1. **Sub-Waiting (WTG04)**..... **100 NSF (9.3 NSM)**
Provide one if authorized.

Allocated space accommodates two standard chairs @ 9 NSF each, one bariatric chair @ 14 NSF, one accessible space @ 10 NSF, and circulation; total four people.

2. **Toilet / Shower, Male Patient (TSSM1)**..... **80 NSF (7.5 NSM)**
Provide one if a Small Gymnasium or a Gross Motor Activity Room or a Small Exercise / Weight Room is authorized; provide two if a Medium Gymnasium or a Medium Exercise Room / Weight Room is authorized; provide three if a Large Gymnasium or a Large Exercise Room / Weight Room is authorized.

Allocated NSF accommodates one accessible toilet @ 25 NSF, one accessible wall-hung lavatory @ 13 NSF, one accessible shower @ 28 NSF, ABA clearances, and circulation. This space should be located in close proximity to the Gymnasium and the Exercise Room / Weight Room.

3. **Locker Room,
Gross Motor Activity Male Patient (LR002).....100 NSF (9.3 NSM)**
Provide one if a Gross Motor Activity Room is authorized.

4. **Locker Room,
Small Gym / Exercise Male Patient (LR002).....175 NSF (16.3 NSM)**
Provide one if a Small Gymnasium or a Small Exercise / Weight Room is authorized.

This space should be located in close proximity to the Gymnasium and the Exercise / Weight Room.

5. **Locker Room,
Medium Gym / Exercise Male Patient (LR002).....250 NSF (23.3 NSM)**
Provide one if a Medium Gymnasium or a Medium Exercise / Weight Room is authorized.

This space should be located in close proximity to the Gymnasium and the Exercise / Weight Room.

6. **Locker Room,
Large Gym / Exercise Male Patient (LR002).....325 NSF (30.2 NSM)**
Provide one if a Large Gymnasium or a Large Exercise / Weight Room is authorized.

This space should be located in close proximity to the Gymnasium and the Exercise / Weight Room.

7. **Toilet / Shower, Female Patient (TSSF1).....80 NSF (7.5 NSM)**
Provide one if a Small Gymnasium or a Gross Motor Activity Room or a Small Exercise / Weight Room is authorized; provide two if a Medium Gymnasium or a Medium Exercise Room / Weight Room is authorized; provide three if a Large Gymnasium or a Large Exercise Room / Weight Room is authorized.

Allocated NSF accommodates one accessible toilet @ 25 NSF, one accessible wall-hung lavatory @ 13 NSF, one accessible shower @ 28 NSF, ABA clearances, and circulation. This space should be located in close proximity to the Gymnasium and the Exercise / Weight Room.

8. **Locker Room,
Gross Motor Activity Female Patient (LR002)100 NSF (9.3 NSM)**
Provide one if a Gross Motor Activity Room is authorized.

9. **Locker Room,
Small Gym / Exercise Female Patient (LR002)175 NSF (16.3 NSM)**
Provide one if a Small Gymnasium or a Small Exercise / Weight Room is authorized.

This space should be located in close proximity to the Gymnasium and the Exercise / Weight Room.

10. **Locker Room,
Medium Gym / Exercise Female Patient (LR002)250 NSF (23.3 NSM)**
Provide one if a Medium Gymnasium or a Medium Exercise / Weight Room is authorized.

This space should be located in close proximity to the Gymnasium and the Exercise / Weight Room.

11. **Locker Room, Large Gym / Exercise Female Patient (LR002)**..... **325 NSF (30.2 NSM)**
Provide one if a Large Gymnasium or a Large Exercise / Weight Room is authorized.

This space should be located in close proximity to the Gymnasium and the Exercise / Weight Room.
12. **Toilet / Shower, Universal (TSSU1)**..... **80 NSF (7.5 NSM)**
Provide one for the Self-Directed Therapy Area if authorized.

Allocated NSF accommodates one accessible toilet @ 25 NSF, one accessible wall-hung lavatory @ 13 NSF, one accessible shower @ 28 NSF, ABA clearances, and circulation. This space accommodates patients in need of additional assistance, transgender and family members.
13. **Locker Room, Universal (LR002)** **100 NSF (9.3 NSM)**
Provide one for the Self-Directed Therapy Area if authorized.

This space accommodates patients in need of additional assistance, transgender and family members.
14. **Gymnasium, Small (RTGY1)** **2,000 NSF (185.8 NSM)**
Provide one if a Small Gymnasium is authorized.

This room will be utilized for self directed therapy, yoga, floor exercises, aerobics, small group (1-10) and individualized training.
15. **Storage, Small Gymnasium (SRE01)** **120 NSF (11.2 NSM)**
Provide one if a Small Gymnasium is authorized.

This room is to store gymnasium and sports equipment, including but not limited to floor mats and sports nets.
16. **Gymnasium, Medium (RTGY2)** **4,000 NSF (371.6 NSM)**
Provide one if a Medium Gymnasium is authorized.

This room will be utilized for self directed therapy, yoga, floor exercises, aerobics, team sport participation, med size group (10-20) and individualized training.
17. **Storage, Medium Gymnasium (SRE01)** **200 NSF (18.6 NSM)**
Provide one if a Medium Gymnasium is authorized.

This room is to store gymnasium and sports equipment, including but not limited to floor mats and sports nets.
18. **Gymnasium, Large (RTGY3)**..... **8,000 NSF (743.2 NSM)**
Provide one if a Large Gymnasium is authorized.

This room will be utilized for self directed therapy, team sport participation, large group (20 -30) and individualized team training.
19. **Storage, Large Gymnasium (SRE01)** **240 NSF (22.3 NSM)**
Provide one if a Large Gymnasium is authorized.

This room is to store gymnasium and sports equipment, including but not limited to floor mats and sports nets.
20. **Gymnasium Area, Enclosed (RTGY4)**..... **800 NSF (74.4 NSM)**
Provide one if an Enclosed Gymnasium Area is authorized.

This room will be utilized for racquet sports; individualized training that requires general observation, staff assisted 1:1 direction or participation within a gymnasium space and Kinesiology observation and training (Racquet sports).

21. **Storage, Enclosed Gymnasium (SRE01).....120 NSF (11.2 NSM)**
Provide one if an Enclosed Gymnasium Area is authorized.

This room is to store gymnasium and sports equipment, including but not limited to floor mats and sports nets.

22. **Exercise / Weight Room, Small (RTEW1).....400 NSF (37.2 NSM)**
Provide one if a Small Exercise / Weight Room is authorized.

23. **Storage, Small Exercise / Weight Room (SRE01).....120 NSF (11.2 NSM)**
Provide one if a Small Exercise / Weight Room is authorized.

This room should be located adjacent to the Small Exercise / Weight Room. Room can be co-located with a Gymnasium Storage Room.

24. **Exercise / Weight Room, Medium (RTEW2).....700 NSF (65.1 NSM)**
Provide one if Medium Exercise / Weight Room is authorized.

25. **Storage, Medium Exercise / Weight Room (SRE01).....200 NSF (18.6 NSM)**
Provide one if Medium Exercise / Weight Room is authorized.

This room should be located adjacent to the Medium Exercise / Weight Room. Room can be co-located with a Gymnasium Storage Room.

26. **Exercise / Weight Room, Large (RTEW3).....1,000 NSF (92.9 NSM)**
Provide one if Large Exercise / Weight Room is authorized.

27. **Storage, Large Exercise / Weight Room (SRE01).....240 NSF (22.3 NSM)**
Provide one if Large Exercise / Weight Room is authorized.

This room should be located adjacent to the Large Exercise / Weight Room. Room can be co-located with a Gymnasium Storage Room.

28. **Wellness Room (RTWE1).....140 NSF (13.1 NSM)**
Provide one if a Wellness Room is authorized.

This room will be used for quiet meditation, relaxation technique instruction and will accommodate direct 1:1 staff / patient ratio.

29. **Storage, Wellness Room (SRS01)80 NSF (7.5 NSM)**
Provide one if a Wellness Room is authorized.

This room should be located adjacent to the Wellness Room. This room will be used to store relaxation mats, audio equipment and relaxation therapy equipment.

30. **Gross Motor Activity Room (RTGM1).....240 NSF (22.3 NSM)**
Provide one if Gross Motor Activity Room is authorized.

Allocated NSF accommodates bocce ball, golf and portable sports activities.

31. **Storage, Gross Motor Activity (SRS01).....80 NSF (7.5 NSM)**
Provide one per each Gross Motor Activity Room.

This room should be adjacent to the Indoor Gross Motor Activity

D. **FA 4: Aquatic Therapy Area:**

This Functional Area will generate only if a Small, Medium or Large Therapeutic or Recreation Pool is authorized.

1. **Sub-Waiting (WTG03)..... 80 NSF (7.5 NSM)**
Provide one if a Small, Medium or Large Therapeutic Pool or Recreation Pool is authorized.

Allocated space accommodates one standard chair @ 9 NSF, one bariatric chair @ 14 NSF, one accessible space @ 10 NSF, and circulation; total three people.

2. **Toilet / Shower, Male Patient (TSSM1)..... 80 NSF (7.5 NSM)**
Provide one if a Small Therapeutic Pool or a Small Recreation Pool is authorized; provide two if a Medium Therapeutic Pool or a Medium Recreation Pool is authorized; provide three if a Large Therapeutic Pool or a Large Recreation Pool is authorized.

Allocated NSF accommodates one accessible toilet @ 25 NSF, one accessible wall-hung lavatory @ 13 NSF, one accessible shower @ 28 NSF, ABA clearances, and circulation. This space should be located in close proximity to the Therapeutic or Recreation Pool.

3. **Locker Room, Small Therapeutic / Recreation Pool Male Patient (LR002) 100 NSF (9.3 NSM)**
Provide one if a Small Therapeutic Pool or a Small Recreation Pool is authorized.

This space should be located in close proximity to the Therapeutic or Recreation Pool.

4. **Locker Room, Medium Therapeutic / Recreation Pool Male Patient (LR002) 175 NSF (16.3 NSM)**
Provide one if a Medium Therapeutic Pool or a Medium Recreation Pool is authorized.

This space should be located in close proximity to the Therapeutic or Recreation Pool.

5. **Locker Room, Large Therapeutic / Recreation Pool Male Patient (LR002) 250 NSF (23.3 NSM)**
Provide one if a Large Therapeutic Pool or a Large Recreation Pool is authorized.

This space should be located in close proximity to the Gymnasium and the Exercise / Weight Room.

6. **Toilet / Shower, Female Patient (TSSF1) 80 NSF (7.5 NSM)**
Provide one if a Small Therapeutic Pool or a Small Recreation Pool is authorized; provide two if a Medium Therapeutic Pool or a Medium Recreation Pool is authorized; provide three if a Large Therapeutic Pool or a Large Recreation Pool is authorized.

Allocated NSF accommodates one accessible toilet @ 25 NSF, one accessible wall-hung lavatory @ 13 NSF, one accessible shower @ 28 NSF, ABA clearances, and circulation. This space should be located in close proximity to the Therapeutic or Recreation Pool.

7. **Locker Room, Small Therapeutic / Recreation Pool Female Patient (LR002) 100 NSF (9.3 NSM)**
Provide one if a Small Therapeutic Pool or a Small Recreation Pool is authorized.

This space should be located in close proximity to the Therapeutic or Recreation Pool.

**8. Locker Room, Medium Therapeutic / Recreation Pool
Female Patient (LR002).....175 NSF (16.3 NSM)**

Provide one if a Medium Therapeutic Pool or a Medium Recreation Pool is authorized.

This space should be located in close proximity to the Therapeutic or Recreation Pool.

**9. Locker Room, Large Therapeutic / Recreation Pool
Female Patient (LR002).....250 NSF (23.3 NSM)**

Provide one if a Large Therapeutic Pool or a Large Recreation Pool is authorized.

This space should be located in close proximity to the Gymnasium and the Exercise / Weight Room.

10. Toilet / Shower, Universal (TSSU1).....80 NSF (7.5 NSM)

Provide one for the Aquatic Therapy Area.

Allocated NSF accommodates one accessible toilet @ 25 NSF, one accessible wall-hung lavatory @ 13 NSF, one accessible shower @ 28 NSF, ABA clearances, and circulation. This space accommodates patients in need of additional assistance, transgender and family members.

11. Locker Room, Universal (LR002).....100 NSF (9.3 NSM)

Provide one for the Aquatic Therapy Area.

This space accommodates patients in need of additional assistance, transgender and family members.

12. Therapeutic Pool, Small (RTTP1).....500 NSF (46.5 NSM)

Provide one if a Small Therapeutic Pool is authorized.

This will accommodate 1:1 therapeutic exercise and for groups of one to a maximum of 5 Patients per one Recreation Therapist. (or a maximum of 2-5 people). This will be used for weightless traction, balance and fear adjustment; gait training, strength training and increase range of motion; jogging, competitive swimming.

13. Storage, Small Therapeutic Pool (SRE01)100 NSF (9.3 NSM)

Provide one if a Small Therapeutic Pool is authorized.

14. Therapeutic Pool, Medium (RTTP2).....2,000 NSF (185.8 NSM)

Provide one if a Medium Therapeutic Pool is authorized.

This will accommodate therapeutic exercise and for groups of 5-20 Patients per Recreation Therapist. This will be used for weightless traction, balance and fear adjustment; aerobics, jogging, competitive swimming.

15. Storage, Medium Therapeutic Pool (SRE01)200 NSF (18.6 NSM)

Provide one if a Medium Therapeutic Pool is authorized.

16. Therapeutic Pool, Large (RTTP3).....3,000 NSF (278.7 NSM)

Provide one if a Large Therapeutic Pool is authorized.

This pool will accommodate therapeutic exercise, aerobics, jogging, and competitive swimming for groups of 21 to 30 Patients per Recreation Therapist.

17. **Storage, Large Therapeutic Pool (SRE01)**..... **300 NSF (27.9 NSM)**
Provide one if a Large Therapeutic Pool is authorized.
18. **Recreation Pool, Small (RTRP1)**..... **500 NSF (46.5 NSM)**
Provide one if a Small Recreation Pool is authorized.

This will accommodate 1:1 therapeutic exercise and for groups of one to a maximum of 5 Patients per one Recreation Therapist. (or a maximum of 2-5 people). This will be used for weightless traction, balance and fear adjustment; gait training, strength training and increase range of motion; jogging, competitive swimming.
19. **Storage, Small Recreation Pool (SRE01)**..... **100 NSF (9.3 NSM)**
Provide one if a Small Recreation Pool is authorized.
20. **Recreation Pool, Medium (RTRP2)**..... **2,000 NSF (185.8 NSM)**
Provide one if a Medium Recreation Pool is authorized.

This will accommodate groups of 5-20 Patients per Recreation Therapist. This will be used for water aerobic exercise, weightless traction, balance and fear adjustment; aerobics, jogging, competitive swimming.
21. **Storage, Medium Recreation Pool (SRE01)**..... **200 NSF (18.6 NSM)**
Provide one if a Medium Recreation Pool is authorized.
22. **Recreation Pool, Large (RTRP3)** **13,200 NSF (1,226.3 NSM)**
Provide one if a Large Recreation Pool is authorized.

This pool will accommodate large groups greater than 20 people and water training equipment including kayak training, rowing and board (surf / body) training.
23. **Storage, Large Recreation Pool (SRE01)** **300 NSF (27.9 NSM)**
Provide one if a Large Recreation Pool is authorized.
24. **Patient Assessment, Aquatic Therapy (EXRA1)** **140 NSF (13.1 NSM)**
Provide one per each Aquatic Therapist FTE position authorized.

This room is for 1:1 provider-to-patient assessment; NSF accounts for ability to also accommodate bariatric patients.
25. **Workstation, Aquatic Clerk (OFA07)**..... **56 NSF (5.3 NSM)**
Provide one per each Aquatic Clerk FTE position authorized.
26. **Workstation, Life Guard (OFA07)**..... **56 NSF (5.3 NSM)**
Provide one per each Life Guard FTE position per Shift authorized.
27. **Toilet / Shower, Male Staff (TSSM1)**..... **80 NSF (7.5 NSM)**
Provide one for the Aquatic Therapy Area.

Allocated NSF accommodates one accessible toilet @ 25 NSF, one accessible wall-hung lavatory @ 13 NSF, one accessible shower @ 28 NSF, ABA clearances, and circulation.
28. **Locker Room, Male Staff (LR004)**..... **100 NSF (9.3 NSM)**
Provide one for the Aquatic Therapy Area.
29. **Toilet / Shower, Female Staff (TSSF1)** **80 NSF (7.5 NSM)**
Provide one for the Aquatic Therapy Area.

Allocated NSF accommodates one accessible toilet @ 25 NSF, one accessible wall-hung lavatory @ 13 NSF, one accessible shower @ 28 NSF, ABA clearances, and circulation.

30. **Locker Room, Female Staff (LR004)**.....100 NSF (9.3 NSM)
Provide one for the Aquatic Therapy Area.

31. **Laundry Room (LAUN1)**.....80 NSF (7.5 NSM)
Provide one for the Aquatic Therapy Area if authorized.

Allocated space accommodates a washer and dryer, and storage space for laundry supplies.

32. **Alcove, Linen Cart (CHC01)**.....60 NSF (5.6 NSM)
Provide one per each Therapeutic Pool and Recreation Pool authorized.

33. **Storage, Safety Equipment (SRE01)**.....100 NSF (9.3 NSM)
Provide one for the Aquatic Therapy Area.

Allocated space accommodates first aid equipment and backboard storage.

34. **Storage, Chemical / Pump Room (SRHM1)**.....100 NSF (9.3 NSM)
Provide one for the Aquatic Therapy Area.

35. **Utility Room, Clean (UCCL1)**80 NSF (7.5 NSM)
Minimum NSF, provide an additional 40 NSF per each Medium Therapeutic Pool, Medium Recreation Pool, Large Therapeutic Pool and Large Recreation Pool.

The Clean Linen Supply Room provides storage for linen supplies used in the delivery of patient care. It should be accessible from a corridor and located near the Pool area.

36. **Utility Room, Soiled (USCL1)**80 NSF (7.5 NSM)
Minimum NSF, provide an additional 40 NSF per each Medium Therapeutic Pool, Medium Recreation Pool, Large Therapeutic Pool and Large Recreation Pool.

37. **Housekeeping Aides Closet (HAC) (JANC1)**.....60 NSF (5.6 NSM)
Provide one for the Aquatic Therapy Area.

E. FA 5: Staff and Administrative Area:

1. **Office, Recreation Therapy Service Chief (OFA09)**.....100 NSF (9.3 NSM)
Provide one for Recreation Therapy Service.

2. **Office, Recreation Therapy Service Assistant Chief (OFA09)**.....100 NSF (9.3 NSM)
Provide one per each Recreation Therapy Assistant Service Chief FTE position authorized.

3. **Office, Administrative Officer (OFA09)**.....100 NSF (9.3 NSM)
Provide one per each Recreation Therapy Service Administrative Officer FTE position authorized.

4. **Workstation, Secretary / Program Assistant (OFA07)**56 NSF (5.3 NSM)
Provide one per each Recreation Therapy Service Office Secretary / Program Assistant FTE position authorized.

5. **Workstation, Fee-Based Technician (OFA07)**.....56 NSF (5.3 NSM)
Provide one per each Recreation Therapy Service Fee Based Technician FTE position authorized.

6. **Workstation, Administration (OFA07)**..... **56 NSF (5.3 NSM)**
Provide one per each Administrative Clerk FTE position authorized.
7. **Training Room, Staff (CFR02)**..... **300 NSF (27.9 NSM)**
Provide one for Recreation Therapy Service.

Allocated NSF accommodates ten conference chairs @ 7.5 NSF each, four 5'-0" x 2'-0" tables at 10 NSF each, one credenza @ 8 NSF, and circulation; total ten people.
8. **Lounge, Staff (SL001)**..... **120 NSF (11.2 NSM)**
Minimum NSF; provide an additional 15 NSF per each FTE position working at peak shift greater than five.
9. **Locker Room, Male Staff (LR004)**..... **100 NSF (9.3 NSM)**
Minimum NSF if number of FTE positions for whom private office space is not authorized is between five and thirteen; provide an additional 6 NSF per FTE position authorized for whom private office space is not authorized greater than thirteen.

Provide locker space only for those FTEs without assigned office or work space. For less than five FTE combine Locker Room facilities with adjacent department or sum in chapter 410.
10. **Toilet, Male Staff (TNP1)**..... **60 NSF (5.6 NSM)**
Minimum one; provide an additional staff toilet for each increment of five FTE positions working at peak shift greater than fifteen.

Allocated NSF accommodates one accessible toilet @ 25 NSF, one wall-hung lavatory @ 12 NSF, ABA clearances, and circulation.
11. **Locker Room, Female Staff (LR004)** **100 NSF (9.3 NSM)**
Minimum NSF if number of FTE positions for whom private office space is not authorized is between five and thirteen; provide an additional 6 NSF per FTE position authorized for whom private office space is not authorized greater than thirteen.

Provide locker space only for those FTEs without assigned office or work space. For less than five FTE combine Locker Room facilities with adjacent department or sum in chapter 410.
12. **Toilet, Female Staff (TNP1)** **60 NSF (5.6 NSM)**
Minimum one; provide an additional staff toilet for each increment of five FTE positions working at peak shift greater than fifteen.

Allocated NSF accommodates one accessible toilet @ 25 NSF, one wall-hung lavatory @ 12 NSF, ABA clearances, and circulation.

F. FA 6: Education Area:

1. **Office, Residency Program Director (OFA09)**..... **100 NSF (9.3 NSM)**
Provide one if a Recreation Therapy Education Program is authorized.
2. **Workstation, Intern / Student (OFA07)**..... **56 NSF (5.6 NSM)**
Provide one per each Recreation Therapy Intern / Student FTE position authorized if a Recreation Therapy Education Program is authorized.
3. **Training Room, Resident (CFR01)** **240 NSF (22.3 NSM)**
Provide one if a Recreation Therapy Education Program is authorized.

Allocated NSF accommodates six conference chairs @ 7.5 NSF each, two 5'-0" x 2'-0" tables at 10 NSF each, one credenza @ 8 NSF, and circulation; total six people.

6 PLANNING AND DESIGN CONSIDERATIONS

- A. Departmental net-to-gross (DNTG) for Recreation Therapy Service is **1.30**. This number when multiplied by the programmed net square foot (NSF) area determines the departmental gross
- B. Net square feet. This factor accounts for the space occupied by internal department circulation and interior partitions and other construction elements not defined by the net square foot area.
- C. Facility layout and design shall support patient confidentiality in areas where personal information is exchanged with staff.
- D. Recreation Therapy Service will share appropriate areas of other services, i.e., Rehabilitation Medicine Service, for use as desired for recreation therapy modalities where the level of usage is too low to justify constructing separate spaces.
- E. Outside storage (adjacent to outdoor activity area) is not to be included in the net square feet tabulation. This area is considered gross square feet and is included for estimating purposes only.
- F. When possible collocate the patient lockers, toilets / showers if Self-Directed and Aquatic Therapy services are located adjacent to each other.

7 FUNCTIONAL RELATIONSHIPS

Relationship of Recreation Therapy Service to services listed below:

TABLE 2: FUNCTIONAL RELATIONSHIP MATRIX

SERVICES	RELATIONSHIP	REASON
Voluntary Service	1	G,I
Patient Care Units - SCI/Disorders Center	2	G, H
Rehabilitation Medicine Service	2	G,H
SCI/Disorders Center – Admin. Offices	2	A,B,G,I
Ambulatory Care	3	G,H
Day Hospital	3	G,H
Day Treatment Center	3	G, H
Mental Hygiene Clinic	3	G,H
Patient Care Units – Substance Abuse	3	G,H
Patient Care Units – MS&N	3	G,H
Patient Care Units – Nursing Home	3	G,H
Patient Care Units – Psychiatric	3	G,H
Patient Care Units - Respiratory	3	G,H
Psychiatric Services Administration	3	G
Prosthetic Service	3	G,H
Social Work Service – Administration Office	3	G
Dialysis Center	4	G,H
Drug Dependency Clinic	4	G,H
Inhalation Therapy unit	4	G,H
Library	4	A,B,G
Medical Media	4	A,B,G
Service Organizations	4	G
Supply Services - Warehouse	4	A,B

Legend:

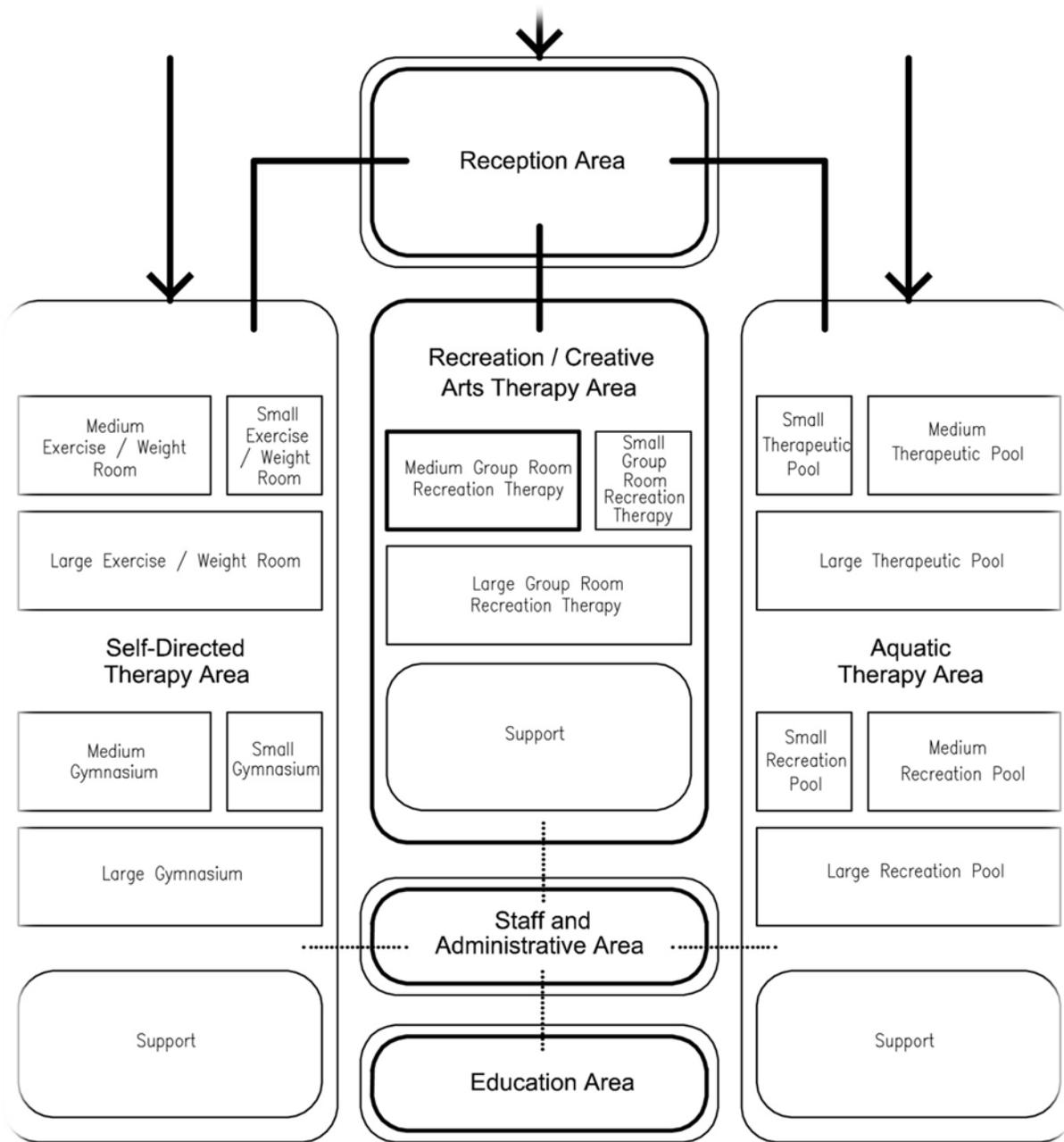
Relationship:

1. Adjacent
2. Close / Same Floor
3. Close / Different Floor Acceptable
4. Limited Traffic
5. Other VA Facility
- X. Separation Desirable

Reasons:

- A. Common use of resources
- B. Accessibility of supplies
- C. Urgency of contact
- D. Noise or vibration
- E. Presence of odors or fumes
- F. Contamination hazard
- G. Sequence of work
- H. Patient's convenience
- I. Frequent contact
- J. Need for security
- K. Others (specify)
- L. Closeness inappropriate

8 FUNCTIONAL DIAGRAM



- Mission (if authorized) and Staffing driven spaces
- Workload and Staffing driven spaces
- Patient Circulation
- Staff Circulation